



PennyPrice
Aromatherapy

The English Aromatherapy Company

P R O D U C T C A T A L O G U E



Introduction

Your well-being is important to us, which is why all our products are pure and natural, containing neither preservatives nor synthetic ingredients.

The Penny Price Aromatherapy staff have over 150 years combined experience in aromatherapy, and are proud to serve you and invite you to draw on our expertise.

Please make use of our telephone hotline for any questions you might have about our products.

Our therapists will help you to make the right choices to maintain and support your well-being holistically.

Our natural collections are the finest we can make available - all created with care and with you in mind.

Penny Price Aromatherapy does not carry out any animal testing, nor use animal ingredients. Our products are tried on humans after having been analysed in our French laboratories.



*Our Guarantee -
We guarantee you complete
satisfaction with our
aromatherapy products and
our courses or we will
replace or retrain.*



PENNY PRICE

the english aromatherapy company

PLEASE SEE TERMS AND CONDITIONS ON OUR WEBSITE

Essential Oils, Resins and Absolutes



Amyris (<i>Amyris balsamifera</i>)	W	antiseptic and balsamic
Angelica (<i>Angelica archangelica</i>)	S	digestive and tonic
Anise star (<i>Illicium verum</i>)	Fr	circulatory and immunostimulating
Aniseed (<i>Pimpinella racemosa</i>)	S	stimulating and digestive
Basil (<i>Ocimum basilicum ct linalool</i>)	F & L	uplifting and tonic
Bay (<i>Pimenta racemosa</i>)	L	tonic for scalp and hair
Benzoin (<i>Styrax benzoin</i>)	R	warming and circulatory
Bergamot (<i>Citrus bergamia</i>)	P	uplifting and deodorant
Birch Sweet (<i>Betula lenta</i>)	W	astringent and antiseptic
Cajuput (<i>Melaleuca leucadendron</i>)	L	insecticide and antiseptic
Camphor white (<i>Cinnamomum camphora</i>)	W	everyday aches and pains
Canadian balsam (<i>Abies balsamea</i>)	R	for dandruff and oily skin
Caraway (<i>Carum carvi</i>)	S	digestive and warming
Cardomom (<i>Elettaria cardamomum</i>)	S	digestive and invigorating
Carrotseed (<i>Daucus carota</i>)	S	for mature skin and fertility
Catnip (<i>Nepeta cataria</i>)	F & L	for mood swings and irritability
Cedarwood atlas (<i>Cedrus atlantica</i>)	W	for oily skin and dandruff
Cedarwood virginia (<i>Juniperus virginiana</i>)	W	for greasy hair and oily skin
Celery seed (<i>Apium graveolens</i>)	S	digestive and calming
Chamomile German (<i>Matricaria recutita</i>)	F	for dry and sensitive skin

Key to table

B BUD	F FLOWER	Fr FRUIT	G GRASS
L LEAF	N NEEDLE	P PEEL	R RESIN
Rt ROOT	S SEED	T TWIG	W WOOD

Chamomile Moroccan (<i>Ormenis multicaulis</i>)	F	for anger and irritability
Chamomile Roman (<i>Chamaemelum nobile</i>)	F	digestive and aids sleep
Cinnamon leaf (<i>Cinnamomum verum</i>)	L	antiseptic and bracing
Cistus (<i>Cistus ladaniferus</i>)	L & T	mature and dry skin tonic
Citronella (<i>Cymbopogon nardus</i>)	G	insect repellent and energising
Clary sage (<i>Salvia sclarea</i>)	F & L	energising and woman care
Clove bud (<i>Syzygium aromaticum</i>)	B	antiseptic and warming
Clove leaf (<i>Syzygium aromaticum</i>)	L	antiseptic and bracing
Copaiba balsam (<i>Copaifera officinalis</i>)	R	calming and comforting
Coriander (<i>Coriandrum sativum</i>)	S	digestive and invigorating
Cornmint (<i>Mentha arvensis</i>)	F & L	cooling and refreshing
Cubeb (<i>Piper cubeba</i>)	Fr	digestive and uplifting
Cumin (<i>Cuminum cyminum</i>)	S	digestive and cleansing
Cypress (<i>Cupressus sempervirens</i>)	N & T	astringent and anti-cellulite
Dill (<i>Anethum graveolens</i>)	S	digestive and calming
Elemi (<i>Canarium luzonicum</i>)	R	calming and nourishing
Eucalyptus citriodora (<i>Eucalyptus citriodora</i>)	L	uplifting and tonic
Eucalyptus Dives (<i>Eucalyptus dives</i>)	L	cooling and antiseptic
Eucalyptus globulus (<i>Eucalyptus globulus</i>)	L	refreshing and invigorating
Eucalyptus radiata (<i>Eucalyptus radiata</i>)	L	antiseptic and drying
Eucalyptus Smithii (<i>Eucalyptus smithii</i>)	L	antiseptic and cooling

Eucalyptus staigeriana (<i>Eucalyptus staigeriana</i>)	L	revitalising and cheering
Fennel sweet (<i>Foeniculum vulgare</i>)	S	stimulating and digestive
Fir Douglas (<i>Pseudotsuga menziesii</i>)	N & T	for oily skin and dandruff
Fir Silver (<i>Abies alba</i>)	N & T	for oily skin and energising
Frankincense (<i>Boswellia carteri</i>)	R	for grief and apathy
Galbanum (<i>Ferula galbaniflua</i>)	R	for scar tissue and dry skin
Geranium (<i>Pelargonium graveolens</i>)	L	cleansing and uplifting
Geranium bourbon (<i>Pelargonium graveolens</i>)	L	cleansing and balancing
Ginger (<i>Zingiber officinalis</i>)	Rt	circulatory and warming
Grapefruit (<i>Citrus paradisi</i>)	P	stimming and energising
Helichrysum (<i>Helichrysum angustifolium</i>)	L	calming and antiseptic
Ho leaf (<i>Cinnamomum camphora</i>)	L	calming and balancing
Hyssop (<i>Hyssopus officinalis</i>)	F & L	detoxifying and cleansing
Jasmine (<i>Jasminum grandiflorum</i>)	F	for mature skin and anxiety
Juniper berry (<i>Juniperus communis</i>)	Fr	detoxifying and stimming
Juniper wood/needle (<i>Juniperus communis</i>)	N & T	cleansing and balancing
Kanuka (<i>Kunzea ericoides</i>)	L	for swelling and insect bites
Laural (<i>Laurus nobilis</i>)	L	digestive and protective
Lavandin 'Abrial' (<i>Lavandula x intermedia 'Abrialis'</i>)	F & L	for anxiety and unrest
Lavandin 'Super' (<i>Lavandula x 'Super'</i>)	F & L	for anxiety and oily skin
Lavender English (<i>Lavandula angustifolia</i>)	F & L	for distress and lack of sleep

complete satisfaction guaranteed...

Essential Oils, Resins and Absolutes continued...

Lavender French (<i>Lavandula angustifolia</i>)	F & L	calming and relaxing
Lavender High Altitude (<i>Lavandula angustifolia</i>)	F & L	calming and relaxing
Lavender Spike (<i>Lavandula spica</i>)	F & L	uplifting and revitalising
Lavender Stoechas (<i>Lavandula stoechas</i>)	F & L	circulatory and invigorating
Lemon (<i>Citrus limon</i>)	P	uplifting and circulatory
Lemongrass (<i>Cymbopogon citratus</i>)	G	for exhaustion and apathy
Lemon Myrtle (<i>Backhousia citriodora</i>)	L	balancing and uplifting
Linden blossom (distilled blend)	F & W	comforting and grounding
Lime (<i>Citrus aurantifolia</i>)	P	digestive and uplifting
Litsea (<i>Litsea cubeba</i>)	Fr	deodorant and digestive
Mandarin (<i>Citrus reticulata</i>)	P	digestive and calming
Manuka (<i>Leptospermum scoparium</i>)	L	antiseptic and drying
Marjoram Spanish (<i>Thymus mastichina</i>)	F & L	everyday aches and pains
Marjoram sweet (<i>Origanum majorana</i>)	F & L	everyday aches and pains
Melissa true (<i>Melissa officinalis</i>)	F & L	grounding and cheering
Melissa type (distilled blend)	L	uplifting and invigorating
Myrrh (<i>Commiphora myrrha</i>)	R	for aging skin and antiseptic
Myrtle (<i>Myrtus communis</i>)	L	everyday aches and pains
Neroli (<i>Citrus aurantium var amara flos</i>)	F	anxiety and tension
Niaouli (<i>Melaleuca viridiflora</i>)	L	woman care and antiseptic

Nutmeg (<i>Myristica fragrans</i>)	Fr	for bad dreams and insecurity
Orange sweet (<i>Citrus aurantium var sinensis</i>)	P	digestive and cheering
Orange bitter (<i>Citrus aurantium var amara</i>)	P	digestive and uplifting
oregano (<i>Origanum compactum</i>)	F & L	for concentration and apathy
Palmarosa (<i>Cymbopogon martinii</i>)	G	anti-aging and calming
Parsley seed (<i>Petroselinium sativum</i>)	S	woman care and antiseptic
Patchouli (<i>Pogostemon cablin</i>)	L	for cellulite and dry skin
Peppermint (<i>Mentha x piperita</i>)	F & L	digestive and cooling
Pepper Black (<i>Piper nigrum</i>)	Fr	circulatory and digestive
Petitgrain (<i>Citrus aurantium var amara</i>)	L	for oily skin and apathy
Petitgrain over flowers (distilled blend)	F & L	soothing and calming
Pimento Berry (<i>Pimenta officinalis</i>)	Fr	antiseptic and warming
Pine Scotch (<i>Pinus sylvestris</i>)	N & T	cleansing and antiseptic
Plai (<i>Zingiber montanum</i>)	Rt	warming and calming
Ravansara (<i>Ravansara aromatica</i>)	L	antiseptic and protective
Rose absolute (<i>Rosa damascena</i>)	F	comforting and exotic
Rose geranium (distilled blend)	F & L	woman care and skincare
Rose otto (<i>Rosa damascena</i>)	F	woman care and skincare
Rosemary (<i>Rosmarinus officinalis</i>)	F & L	everyday aches and pains
Rosewood (<i>Aniba roseaodora</i>)	W	antiseptic and soothing

Sage Dalmation (<i>Salvia officinalis</i>)	L	woman care and balancing
Sage Spanish Lavender (<i>Salvia lavandulifolia</i>)	F & L	for anxiety and unrest
Sandalwood (<i>Santalum austrocaledonicum</i>)	W	calming and soothing
Savoury winter (<i>Satureia montana</i>)	F & L	antiseptic and protective
Spearmint (<i>Mentha spicata</i>)	F & L	clarifying and cooling
Spikenard (<i>Nardostachys jatamansi</i>)	Rt	relaxing and calming
Spruce Black (<i>Picea mariana</i>)	N & T	cleansing and refreshing
Tagetes (<i>Tagetes minuta</i>)	F	soothing and antifungal
Tangerine (<i>Citrus reticulata blanco</i>)	P	refreshing and uplifting
Tarragon (<i>Artemisia dracunculosis</i>)	L	digestive and invigorating
Tea tree (<i>Melaleuca alternifolia</i>)	L	antiseptic and cleansing
Thyme linalool (<i>Thymus vulgaris</i> ct linalool)	F & L	antiseptic and purifying
Thyme thymol (<i>Thymus vulgaris</i> ct thymol)	F & L	antiseptic and stimulating
Thyme Thujanol (<i>Thymus vulgaris</i> ct thujanol)	F & L	antiseptic and circulatory
Thyme wild (<i>Thymus serpyllum</i>)	F & L	antiseptic and stimulating
Valerian (<i>Valeriana officinalis</i>)	Rt	grounding and calming
Vanilla Absolute (<i>Vanilla planifolia</i>)	Fr	balsamic and warming
Vetiver (<i>Vetiveria zizanioides</i>)	Rt	grounding and calming
Yarrow (<i>Achillea millefolium</i>)	F & L	calming and circulatory
Ylang ylang complete (<i>Cananga odorata</i>)	F	aphrodisiac and tonic



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The Nurture Range

Our expertly ready-blended Nurture Range is easy to apply and perfect for home care use. All instructions are on the labels.

NURTURE BLEND	DESCRIPTION	A	B	C	D
BREATHING	Use this cleansing blend daily to help maintain healthy lungs. Blended with eucalyptus (smithii) and peppermint.	■			■
CIRCULATION	Invigorate your body and help prevent thread veins. With oils of cypress and black pepper.	■		■	■
CLARITY	Beneficial for giving a feeling of clarity and well-being. Blended with coriander and chamomile.	■			■
COURAGE	To help increase confidence and courage. Blended with lavender, coriander and basil.	■			
HEADWORKS	With oils of grapefruit, peppermint and rosemary to help promote relaxation in the head, neck and shoulders.		■		
JOINTWORKS	A rich cream including oils of juniper and thyme to help maintain joint health.		■		
JOURNEYS	An invigorating, energising blend of uplifting oils to counter effects of flying. Blended with lemongrass and peppermint.	■			■
JOY	A beautifully uplifting blend to bring joy to the heart and soul. Contains rosewood, bergamot, and rose.	■			
LOVE	A blend of sensuous essential oils to help calm and relax. With rosewood, ylang ylang and jasmine.	■			
MEDITATION	A spiritual blend of essential oils to help promote meditation. Includes frankincense and basil oils.	■			
MEN	A special blend for men to help maintain balance and equilibrium. Blended with pine and cedarwood.	■			■
MOBILITY	Apply every day to maintain mobility and flexibility. Blended with rosemary and sweet marjoram.	■		■	■
PEACE	An invaluable aid to relaxation after a busy or stressful day. Includes rosewood and geranium.	■		■	■
PURIFICATION	Helps cleanse and detoxify the mind and spirit and bring newness of thought. With cypress and bitter orange.	■			
REST	Apply to the chest area to help relax and unwind before going to bed. Blended with juniper and lavender.	■			■
SCARWORKS	A deep-acting cream including oils of helichrysum and yarrow, to help reduce the appearance of scar tissue.		■		
SKINWORKS	Essential oils of yarrow, helichrysum and cedarwood in a base of rich vitamin E cream to maintain healthy skin.		■		
SPIRITUALITY	A blend of essential oils to help create vision, clarity and peace. With frankincense, cedarwood, and patchouli.	■			
SPORTSWORKS	A warming and circulatory blend to help ease the body into and out of sporting activities. With thyme and grapefruit.			■	
VAPOURWORKS	Blended with peppermint and rosemary. A warming cream to be applied to the chest during winter months.		■		
VITALITY	A reviving, stimulating and invigorating blend with oils of lemon, black pepper and eucalyptus	■		■	■
WEIGHT	Use regularly to help reduce the unsightly dimples associated with cellulite. Blended with fennel and patchouli.	■			■
WOMEN	Use daily to help balance and normalise the female system. With clary sage and melissa oils.	■			■

Key to table

A 10ml PURE ESSENTIAL OIL BLEND

B 60ml CREAM BLEND

C 100ml MASSAGE OIL BLEND

D 100ml LOTION BLEND



complete satisfaction guaranteed...



‘Naturally’ Skin Care

Natural, organic skin care for healthy, younger looking skin.

ALL SKIN TYPES

Naturally Renewing Night Cream – this smooth, regenerative cream with rose oil, softens and nourishes the skin and helps prevent the signs of premature ageing and wrinkling. Used every night it restores suppleness and rejuvenates the appearance of the skin.

Naturally Delicate Eye and Neck Cream – for maintaining and improving the delicate skin of the eye area. Containing patchouli and fennel, dark shadows are visibly reduced.

Naturally Intense Serum – an anti-aging serum that will nourish and plump the skin, reducing fine lines and wrinkles and toning sagging areas on the face and neck. See a visible difference in one month.

FOR NORMAL TO OILY SKIN (INCLUDING COMBINATION)

Naturally Pure Cleansing Milk – with natural oils of juniper and geranium, this lotion will cleanse deeply into the pores. It maintains the natural pH balance of the skin and leaves the skin feeling clean and fresh.

Naturally Clear Toning Lotion – a highly effective natural toner with essential oil of tea tree in witch hazel to freshen, refine and tone the skin.

Naturally Reviving Mask – a smooth clay mask with petitgrain and lavandin, which gently stimulates and deep cleanses oily and combination skin to restore vitality and elasticity.

Naturally Glowing Scrub Mask – an effective facial scrub mask including hazelnut and lime, which gently stimulates and deep-cleanses oily skin and helps to restore a smooth complexion.

Naturally Soft Moisture Lotion – a light, easily absorbed lotion, which helps to maintain the skin's natural moisture balance and elasticity. Blended with petitgrain and cedarwood to normalise oily and combination skin.

Naturally Balancing Moisture Cream – this natural moisturiser is blended with rosewood and petitgrain to normalise a combination skin with dry and oily patches.

FOR NORMAL TO DRY SKIN (INCLUDING MATURE)

Naturally Pure Cleansing Cream – blended with cleansing oils of palmarosa and geranium, this cream will cleanse deeply without drying, leaving the skin feeling clean and soft.

Naturally Fresh Toning Lotion – a highly effective hydrating toner with oils of palmarosa and neroli to tone and revitalise the skin.

Naturally Velvet Feeding Mask – smooth honey mask including vetiver and ylang ylang that gently stimulates and nourishes a dry, mature skin and restores skin vitality and elasticity.

Marine Collagen Gel – a soothing mask for dry, irritated skin, with aloe vera, lavender and palmarosa to feed and regenerate and give a smoother and more youthful appearance.

Naturally Soft Moisture Cream – a beautiful cream, which helps to maintain the skin's natural moisture balance and elasticity. With neroli and palmarosa, this is perfect for a mature, dry skin.

Naturally Calming Moisture Cream – a cooling moisturiser specially prepared to help dry, flaky and irritated skin. With chamomile, and patchouli oils, this cream can dramatically improve the appearance of the skin.

Carrier Oils and Lotion

Sweet Almond - revitalising and gently soothing.

Apricot Kernel - moisturising for dry, itchy skin.

Argan - circulatory and rich in vitamin E.

Arnica - circulatory for healthy skin.

Avocado - helps cellulite and fluid retention.

Borage - rich in GLA and can aid cell health.

Calendula - gentle and soothing for troubled skin.

Camelia - antiaging and calming.

Carrier Oil Mix - leaves skin smooth and soft.

Carrot - an effective skin rejuvenator.

Castor Bean - emollient for dry and rough skin.

Coconut - nourishing to the hair and scalp.

Comfrey - soothing and calming to fine, dry skin.

Echinacea Oil - immunostimulant and soothing.

Evening Primrose - rich in GLA and is regenerative.

Grapeseed - light and non-greasy for oily skin.

Hazelnut - astringent and circulatory.

Hypericum - a tonic to soothe and relax.

Jojoba - helps nourish dry hair and skin.

Linseed - soothing to the skin and nutritive.

Macadamia - replenishes sebum and antiaging.

Melissa Oil - circulatory and energising.

Mustard Seed - circulatory and stimulant.

Neem - antiseptic and tonic on the skin.

Olive - helpful for itchy skin.

Passion Flower - enhances mature skin.

Raspberry Seed - for itchy and irritable skin.

Rosehip - rejuvenating for mature skin.

Safflower - excellent for dry, scaly skin.

Sea Buckthorn - deeply nourishing to the skin.

Sesame - rich in vitamins A, B and E.

Soya Bean - emollient and nourishing.

Sunflower - rich in vitamin E for all skin types.

Vitamin E Grain Mix - helps rejuvenate.

Walnut - astringent and stimulating.

Wheatgerm - has vitamin E for mature skin.

White Lotion - non-greasy and easy to apply.



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Hydrolats

Hydrolats are the health-giving waters of steam distillation. These waters can be used in the bath, as fresheners after a busy day, as a spritzer for the face, as linen sprays and for use in skin care. Hydrolats are gentle and effective. Generally calming and soothing, especially for the skin, hydrolats can be safely used with children, animals, in combination with homeopathic remedies and for those with fragile health.

Angelica – an aid to restful sleep.

Cassis – a circulatory tonic.

Chamomile – calming and balancing.

Clary sage – emotionally supportive.

Cornflower – tones and revitalises dry skin.

Cypress – circulatory and invigorating.

Eucalyptus – mild anti-oxidant.

Fennel – digestive and stimulating.

Frankincense – calming, uplifting and grounding.

Geranium – beneficial for all skin types.

Hyssop – is detoxifying and cleansing.

Immortelle – skin tonic and rejuvenator.

Lavender – a balancer for mind, body, spirit.

Lime Blossom – promotes mental creativity.

Melissa – cleanser for all skin types.

Myrrh – in the bath for softer skin.

Neroli – tonic for delicate and sensitive skin.

Peppermint – cooling if used after shaving.

Rose – helps to remove mental blocks.

Rosemary – circulatory stimulant.

Sage – use as a toner for oily skin.

Sapphire – is digestive and calming.

Sandalwood – beneficial for dry and mature skin.

Tea Tree – slightly anti-bacterial and cleansing.

Thyme – use as linen spray to freshen a room.

Witch Hazel – for general skin care.

METHODS OF USE

SKIN TREATMENTS

Use hydrolats as cleansers, toners, to make masks and for facial spritzers.

ROOM REFRESHERS

Spray liberally around pets, cooking areas, bedrooms and other areas of your environment.

BATHS

Add up to 50mls to an adult bath and 20mls to a child's bath.

Hydrolats can also be used in sitz baths.

COMPRESS

Soak a cloth in hydrolat and compress to the body to soothe.



Mother and Child

Our natural range of skincare for mother and child that is gentle enough for the most sensitive of skins.

Chamomile and Mandarin Baby Massage Oil – deeply relaxing vitamin-rich massage oil with finest English chamomile and Italian mandarin that helps to calm babies, and to aid restful sleep.

Chamomile and Mandarin Baby Bath – skin-softening hypo-allergenic foam bath to uplift and relax your baby in the bath.

Chamomile and Mandarin Baby Body Lotion – a beautiful moisturising baby lotion to help to keep baby's skin healthy, as well as supple and moist.

Labour Massage Oil – the effective, calming blend with clove and lavender can be applied throughout labour by massage into the small of the back and the abdomen to relax and soothe.

Perinease Oil – a blend of vitamin E rich vegetable oils and rose essential oil that help prepare the perineum for labour. Use from 7 months.

Postnatal Bath Foam – this hypo-allergenic bath foam contains oils of cypress and lavender to help restore and tone the body after childbirth.

Stretch Mark Oil – essential oils of lavender, frankincense and rose in vitamin-rich sunflower oil can help to maintain and regenerate healthy skin during pregnancy to help prevent stretch marks.

Stretch Mark Lotion – essential oils of lavender, frankincense and rose in light, pure white lotion that is easily absorbed into the skin can help to maintain and regenerate healthy skin during pregnancy to help prevent stretch marks.



Hair and Body Care

Nurture - Soothing – with lavender and chamomile for irritated skin. Particularly useful to keep the skin calm after shaving and sunbathing.

Nurture - Hand and Body – a light, moisturising lotion with patchouli and sandalwood to keep the hands and body skin looking youthful.

Rosemary Scalp Tonic – with Bay Rhum, rosemary hydrolat and rosemary essential oil to invigorate the scalp and stimulate the growth of healthy hair.

Tea Tree and Peppermint Mouthwash – to keep the gums and teeth healthy and the breath fresh.



Tea Tree Skin Wash – antiseptic skin wash with tea tree to keep the skin healthy.

Geranium and Lavender Skin Wash – gentle skin wash for all types of skin.

Rose and Lavender – a luxury collection for dry or damaged hair and for dry, flaky skin. Includes shampoo, conditioner, shower gel and rich body-feeding cream, all with rose and lavender oils for deep nutrition to the skin and hair.

Frankincense and Orange – an exotic collection for combination and oily skin and hair, which includes shampoo, conditioner, shower gel and balancing body cream. With oils of frankincense and orange to balance and normalise.

Luxury Body Oils

Luxury Body Oils – these exotic aromatic blends can be used as massage oil for face and body.

Neroli Plus – to calm and relax .

Sandalwood Plus – to nourish the skin.

Jasmine Plus – to hydrate and soften.

Linden Blossom Plus – to calm and uplift.

Melissa Plus – to energise and revive.

Rose Plus – for deep relaxation.



Black Spruce for Men

A complete range for men, including skin, hair and body care.

Black Spruce and Cedar Facial Wash – facial wash with black spruce and cedarwood essential oils to freshen and clean the skin.

Black Spruce and Lime Face Scrub – a mask containing black spruce and Lime essential oils to detoxify and purify the skin.

Black Spruce and Sandalwood Moisture Cream – to moisturise and balance the skin, with black spruce and sandalwood.

Black Spruce Shower Gel – to clean and freshen, with black spruce.

Black Spruce Shampoo – black spruce shampoo is for all hair types, to clean hair and care for the scalp.

Black Spruce and Mint Aftershave Balm – to cool and soothe after shaving, with black spruce and commint oils.

Black Spruce and Marjoram Muscle Rub – to ease aching and tired limbs and body after a hard day or vigorous workout.



Reflexology

Everything you need for keeping the feet soft and healthy.

Athletes Foot Cream - with tagetes and tea tree to help keep feet healthy.

Blended Foot Cream - moisturising massage cream for dry, calloused feet.

Peppermint Foot Lotion - light lotion with peppermint to cool hot, tired feet.

Practice Reflex Foot - for students of reflexology.

Reflex Massage Cream - a rich massage cream for reflex treatments.

Reflex Talc with Tea Tree and Peppermint - fine talcum powder with tea tree and peppermint to refresh the feet and help keep them cool.

Reflex Talc with Tagetes - fine talcum powder with marigold tagetes to help keep the feet fresh and healthy.

Tea Tree and Peppermint Foot Spray - light pure water spray with essential oils of tea tree and peppermint to cool and refresh tired, hot feet.



Linen Sprays

Choose between the fresh aroma of **French lavender**, the sweetness of **Bulgarian rose** or the exotic aroma of **Eastern sandalwood**.

Hot Stone Massage

Our natural basalt stones and hot stone heaters are perfect for every therapist who offers this treatment. We also stock crystals, labradolite, nets, scoops and hot stone massage oils.

Hopi Ear Candles

Our original BioSun ear candles are perfect for candling treatments.

Squishies and Hot Packs

Choose from our delightful collection of Teddy Bears, and Bunnies to heat up and cuddle!

Traditional Hot Packs in a variety of colours for everyday aches and pains.

Squishy cushions for long journeys and reflex treatments are available in six different colours.

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Base Products

Our pure base products are naturally organic and contain no synthetics or preservatives. Perfect for your own blends and potions.

Aloe Vera Gel

Aqueous Cream

Bath Foam Base

Blending Cream Base

Cleansing Milk Base

Conditioner Base

Face and Body Scrub Base

Hand and Skinwash Base

Massage Cream Base

Moisture Base for All Skin Types

Moisture Base for Sensitive Skin

Shampoo Base

Shower Gel Base

Silky Bath Oil Base

Vitamin E Base Moisture Cream

White Lotion

Waxes

For making natural cosmetics, suppositories and massage creams.

Beeswax

Cocoa Butter

Coconut Butter

Shea Butter

Clays

Fuller's Earth for oily skin.

Fine Green Clay for normal to sensitive skin.

Calamine Powder for mature, dry skin.



Therapy Boxes

Wooden Box for 6 essential oil and 2 carrier oils.

Pine Practitioner Box for 40 oils, 8 x 50ml carrier oils and 4 creams.

Wooden Box 24 essential oils.

Linden Wood Practitioner Box for 42 oils, 6 x 100ml carrier oils and accessories.

Accessories

Bottles and Jars

Pump and Spray Tops

Cotton Wool

Pessary Moulds

Facial Sponges

Glass Stirring Rods

Measuring Beakers

Smell Strips

Pipettes

Headbands

Couch Covers

Paper Couch Roll

Mask Brushes

Capsule Makers

Capsules

Tunics and Tabards



CD's and Books

Our wide choice of relaxation music for therapy includes the titles:

Angels

Spa Relaxing

Deep Sleep

Mozart for Mother and Baby

Meditation

Chill Out Naturally

Classics for Relaxation



Books include:

Aromatherapy for Babies And Children P. Price

Aromatherapy for Common Ailments S. Price

Aromatherapy for Health Professionals S. Price, L. Price (Eds)

Aromatherapy Workbook S. Price

Carrier Oils – For Aromatherapy L. Price, S. Price

Understanding Hydrolats L. Price, S. Price



Training

Since its inception Penny Price Aromatherapy has had a commitment to training through the Penny Price Academy, which has offered training to the highest professional competence. While the Academy specialises in Aromatherapy, it also offers a comprehensive range of other courses within complementary health care. Small class sizes together with tutors who are both well qualified as teachers and have practical experience as therapists, ensure the best possible opportunities for learning. We maintain contact with all our therapists after their initial training through Continuing Professional Development Courses, as well as through the Penny Price Group Scheme and regular professional Open Days.

COURSES OFFERED:

Clinical Aromatherapy Diploma
Anatomy and Physiology
Indian head massage
Chemistry for Aromatherapists

Reftexology Diploma
Business Studies
Hot Stone Massage
Licentiate Aromatherapy Diploma (advanced)

Therapeutic Massage Diploma
Baby Massage Diploma
Chinese Therapy Diploma

CONTINUING PROFESSIONAL DEVELOPMENT COURSES INCLUDE OVER 30 SHORT COURSES (ONE OR TWO DAYS) FOR QUALIFIED AROMATHERAPISTS AND ALSO INCLUDE THE FOLLOWING:

Upgrades and Bridging Courses
Sports Massage
Hand Reftexology

Lymphatic Drainage Massage
Holistic Foot Care
Manual Finger Face-lifting

Advanced Massage
Holistic Hand Care
Warm Waxing and many others.



Spa Villa 41 Leicester Road Hinckley LE10 1LW

☎ 0844 8844 966 📠 01455 251 065 ✉ info@penny-price.com